

ALCOHOL & OTHER DRUGS  
EDUCATION & TRAINING

2018

AUTUMN SEMESTER



**etb**

Bord Oideachais agus  
Oiliúna Dhún na nGall  
*Donegal Education and  
Training Board*



Northwest Regional  
Drug & Alcohol Task Force



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**OCTOBER**

**12th**  
**ALCOHOL DRUGS & YOUNG PEOPLE**

**24th & 25th**  
**MOTIVATIONAL INTERVIEWING**

**NOVEMBER**

**9th**  
**CANNABIS: recreational synthetic, medicinal**

**13th**  
**SAOR: Screening & Brief Interventions**

**DECEMBER**

**5th & 6th**  
**ESSENTIAL FACILITATION SKILLS**

**13th**  
**NPS: New Psychoactive Substances**

# ALCOHOL DRUGS & YOUNG PEOPLE

RADISSON HOTEL SLIGO  
12th October 10 am-1 pm

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## → Course Content:

A comprehensive overview of adolescence and substance misuse with skills development on early intervention.

## → Learning Outcomes

- Understand teenage brain development. Understand risk and protective factors.
- Outline the impact of Substance Use Disorder on young people, families & communities.
- Approach alcohol & drug issues from an informed perspective.
- Provide an early brief intervention for alcohol or other drug use.
- Identify key agencies and supports for young people experiencing difficulties

Multi-disciplinary training; for those that come into contact with young people as part of their work or voluntary activities. Social workers, teachers, family support workers, nurses, employment support staff, probation, youth workers Gardai among others.

# MOTIVATIONAL INTERVIEWING

24th & 25th October  
SLIGO

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## → **Course Content:**

Motivational Interviewing is a psychosocial evidenced-based method of intervention in health behaviour change that works on facilitating and engaging intrinsic motivation within the client in order to change behavior. MI is a goal-oriented, client-centered counseling style for eliciting health behavior change across a range of disciplines helping clients.

## → **Learning Outcomes**

- Gain a good understanding of motivational interviewing and how it works.
- Critically reflect on personal values and belief systems.
- Enhance MI practitioner skills.
- Spirit of MI.
- OARS.
- Ability to elicit and develop change talk.
- Respond to change / sustain talk.

Multi-disciplinary training; for those working with clients supporting health behaviour change Social workers, teachers, family support workers, nurses, employment support staff, probation, youth workers Gardai among others.



# CANNABIS

## Recreational, Synthetic, Medicinal.

9th November Letterkenny

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### Course Content:

This training will enhance and advance participants' knowledge base on the current types of cannabis. It will help clarify the misunderstanding around medicinal cannabis, recreational & synthetic cannabis

### Learning Outcomes

- Understand the difference between recreational, synthetic and medicinal cannabis
- Explore the effects of cannabis
- Explore the risks associated with the use of synthetic cannabis
- Understand the associated mental health risks Clarify the current legislative situation of cannabis / medicinal cannabis
- Distinguish the difference between recreational, synthetic and medicinal cannabis
- Understand the possible risks associate with recreational & synthetic cannabis

Multi-disciplinary training; for those coming into contact with individuals that use cannabis. Social workers, teachers, family support workers, nurses, employment support staff, probation, youth workers Gardai among others.

# SAOR Screening & Brief Interventions

13th November Sligo

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## → **Course Content:**

SAOR is an evidenced-based effective intervention. Establish a supportive working relationship with an individual when asking about their alcohol & other drug use. Learn how to use an evidence-based screening tool for alcohol & other drug use. Deliver a structured brief intervention based upon the SAOR model

## → **Learning Outcomes**

- Critically discuss problem alcohol and drug use as it impacts their current work or area of practice.
- Demonstrate an enhanced knowledge and awareness of contemporary models of screening and brief intervention for problem alcohol and drug use
- Identify problem alcohol and drug users who present to health, social care settings
- Utilise the SAOR model of Screening & Brief Intervention (SBI) in practice-based scenarios  
Discuss the application of the SAOR model of screening and brief intervention for problem alcohol and drug use into their practice

Multi-disciplinary training; for those coming into contact with individuals that use alcohol /other drugs. Social workers, teachers, psychologists, family support workers, nurses, employment support staff, probation, youth workers community workers, Gardai among others.

# ESSENTIAL FACILITATION SKILLS

5th & 6th December

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## → **Course Content:**

Facilitation is the theory and practice combined of working with people. Facilitation enables and empowers people to carry out a task or perform an action. A group facilitator uses certain skills in a process, which allows the individuals/group reach their decision/ set their goal/learn a skill or what ever the task at hand might be. Facilitation is a developmental educational method, which encourages people to share ideas, resources, opinions and to think critically in order to identify needs and find effective ways of satisfying those needs.

## → **Learning Outcomes**

- How to organise, plan, run and facilitate and evaluate group sessions with parameters, boundaries and group agreements.
- Identify power, conflict and lack of participation in a group and how best to manage difficult situations.
- Develop an insight into ethical behaviour as a facilitator and the use of your own power in the facilitator's role.

Multi-disciplinary training; for those involved in facilitating a diverse range of groups. Social workers, teachers, family support workers, nurses, employment support staff, probation, youth workers community workers, Gardai among others.



# NEW PSYCHOACTIVE SUBSTANCES

13th December Donegal

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## → Course Content:

This training will provide an insight into the new and emerging types and trends in drug use as well as build on existing knowledge of psychoactive substances.

## → Learning Outcomes

- Overview of new emerging psychoactive substances
- Outline main substances involved in these trends and the reasons for same
- Establish a link between trends in use and social, environmental, physical, mental and individual factors
- Assess the risks involved in these trends
- Explore the implications of these new substances
- Identify new emerging drugs
- Understand the range of variants of NPS Examine online availability
- Understand NPS in respect of current legislation

Multi-disciplinary training; for those that wish to keep up to date with the latest information on new drugs. Social workers, teachers, family support workers, nurses, employment support staff, probation, youth workers community workers, Gardai among others.

# 2019

## JANUARY

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# QQI level 5 Community Addiction Studies LETTERKENNY

Certificate Component

**WEDNESDAY EVENINGS**  
**23rd January – May 2019**

Fee: €300

Who would benefit from this module?  
Nurses, Social Workers, Teachers,  
Community Workers, Youth Workers,  
Probation, Family Support,  
Gardai, Health workers,  
Employment Support Staff,  
and many others.

- Theories of Addiction
- The Family & Addiction
- The Media and Addiction
- Current Interventions
- Trends in Drug Use
- New Psychoactive Substances

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# 2019

## JANUARY

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# QQI level 5 Community Addiction Studies SLIGO

Certificate Component

**TUESDAY EVENINGS**  
**22th January - May 2019**

Fee: €300

Who would benefit from this module?  
Nurses, Social Workers, Teachers,  
Community Workers, Youth Workers,  
Probation, Family Support,  
Gardai, Health workers,  
Employment Support Staff,  
and many others.

- Theories of Addiction
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