

Alcohol & other Drugs



EDUCATION & TRAINING NORTH WEST REGION

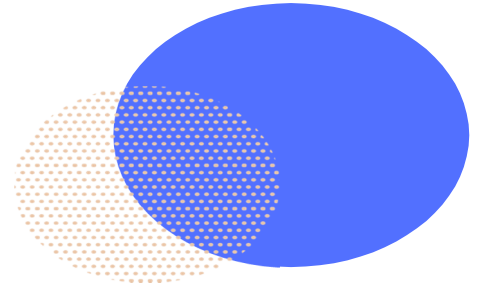
June - December
2019



etb
Bord Oideachais agus
Oiliúna Dhún na nGall
Donegal Education and
Training Board



Northwest Regional
Drug & Alcohol Task Force



1. **COURSE CALENDAR.**
2. **ALCOHOL DRUGS & YOUNG PEOPLE.**
3. **INTRODUCTION TO MOTIVATIONAL
INTERVIEWING**
4. **CANNABIS: RECREATIONAL/SYNTHETIC/
MEDICINAL.**
5. **SOAR: SCREENING & BRIEF INTERVENTIONS.**
6. **ESSENTIAL GROUP FACILITATION SKILLS.**
7. **NEW PSYCHOACTIVE SUBSTANCES.**
8. **STEROIDS IN SPORT**
9. **HIDDEN HARM: PROBLEM PARENTAL SUBSTANCE USE**
10. **QQI LEVEL 5 COMMUNITY ADDICTION STUDIES**

TO REGISTER FOR ANY OF THESE COURSE EMAIL
CHRISTINA AND YOU WILL BE SENT AN LINK TO
AN ELECTRONIC REGISTRATION FORM



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	DATES	TRAINING	Location	Page	MAX No. Places
JUNE	13TH	ALCOHOL DRUGS & YOUNG PEOPLE: EARLY INTERVENTION	LEITRIM (evening)	2	16
	20TH & 21ST	MOTIVATIONAL INTERVIEWING SKILLS FOR HEALTH BEHAVIOUR CHANGE	LEITRIM	3	16
	28TH	CANNABIS : DO YOU KNOW THE DIFFERENCE? RECREATIONAL , SYNTHETIC, MEDICINAL.	LEITRIM (evening)	4	16
JULY	17TH	SCREENING & BRIEF INTERVENTIONS FOR ALCOHOL & OTHER DRUGS : SAOR MODEL	SLIGO	5	16
	25TH & 26TH	ESSENTIAL GROUP FACILITATION SKILLS	SLIGO	6	16
SEPT	5TH	HIDDEN HARM : PROBLEM PARENTAL SUBSTANCE USE & IT'S IMPACT ON FAMILY	LEITRIM	9	16
	17TH	SCREENING & BRIEF INTERVENTIONS FOR ALCOHOL & OTHER DRUGS SAOR MODEL	DONEGAL	5	16
Sept to Dec 2019		QQI LEVEL 5 COMMUNITY ADDICTION STUDIES MODULE In SLIGO & LETTERKENNY	DONEGAL SLIGO	10 11	16
	24TH	STEROIDS IN SPORT	SLIGO (EVENING)	8	16
OCT	1ST	NPS : NEW PSYCHOACTIVE SUBSTANCES	DONEGAL	7	16
	10TH	STEROIDS IN SPORT	DONEGAL	8	16
	14TH & 15TH	ESSENTIAL GROUP FACILITATION SKILLS	DONEGAL	6	16
NOV	4TH & 5TH	INTRODUCTION TO MOTIVATIONAL INTERVIEWING FOR HEALTH BEHAVIOUR CHANGE	SLIGO	3	16
	19TH	STEROIDS IN SPORTS	LEITRIM	8	16
	29TH	ALCOHOL DRUGS & YOUNG PEOPLE: WORKING WITH YOUNG PEOPLE , EARLY INTERVENTIONS		2	16
DEC	5TH	HIDDEN HARM : PROBLEM PARENTAL SUBSTANCE USE & IT'S IMPACT ON FAMILY	DONEGAL	9	16

ALCOHOL & OTHER DRUGS: WORKING WITH YOUNG PEOPLE, EARLY INTERVENTIONS

2

→ **Course Content:**

A comprehensive overview of adolescence and substance misuse with skills development on early intervention.

→ **Learning Outcomes**

- Understand teenage brain development. Understand risk and protective factors.
- Outline the impact of Substance Use Disorder on young people, families & communities.
- Approach alcohol & drug issues from an informed perspective.
- Provide an early brief intervention for alcohol or other drug use.
- Identify key agencies and supports for young people experiencing difficulties

Multi-disciplinary training; for those that come into contact with young people as part of their work or voluntary activities. Social workers, teachers, family support workers, nurses, employment support staff, probation, youth workers Gardai among others.

INTRODUCTION TO MOTIVATIONAL INTERVIEWING FOR HEALTH BEHAVIOUR CHANGE

3

→ **Course Content:**

Motivational Interviewing is a psychosocial evidenced-based method of intervention in health behaviour change that works on facilitating and engaging intrinsic motivation within the client in order to change behavior. MI is a goal-oriented, client-centered counseling style for eliciting health behavior change across a range of disciplines helping clients.

→ **Learning Outcomes**

- Gain a good understanding of motivational interviewing and how it works.
- Critically reflect on personal values and belief systems.
- Enhance MI practitioner skills.
- Spirit of MI.
- OARS.
- Ability to elicit and develop change talk.
- Respond to change / sustain talk.

Multi-disciplinary training; for those working with clients supporting health behaviour change
Social workers, teachers, family support workers, nurses, employment support staff, probation, youth workers Gardai among

CANNABIS

Do you know the
difference in Recreational,
Synthetic, and Medicinal

4



Course Content:

This training will enhance and advance participants' knowledge base on the current types of cannabis. It will help clarify the misunderstanding around medicinal cannabis, recreational & synthetic cannabis



Learning Outcomes

- Understand the difference between recreational, synthetic and medicinal cannabis
- Explore the effects of cannabis
- Explore the risks associated with the use of synthetic cannabis
- Understand the associated mental health risks Clarify the current legislative situation of cannabis / medicinal cannabis
- Distinguish the difference between recreational, synthetic and medicinal cannabis
- Understand the possible risks associate with recreational & synthetic cannabis

Multi-disciplinary training; for those coming into contact with individuals that use cannabis. Social workers, teachers, family support workers, nurses, employment support staff, probation, youth workers Gardai among others.

SAOR Screening & Brief Interventions

5

→ **Course Content:**

SAOR is an evidenced-based effective intervention. Establish a supportive working relationship with an individual when asking about their alcohol & other drug use. Learn how to use an evidence-based screening tool for alcohol & other drug use. Deliver a structured brief intervention based upon the SAOR model

→ **Learning Outcomes**

- Critically discuss problem alcohol and drug use as it impacts their current work or area of practice.
- Demonstrate an enhanced knowledge and awareness of contemporary models of screening and brief intervention for problem alcohol and drug use
- Identify problem alcohol and drug users who present to health, social care settings
- Utilise the SAOR model of Screening & Brief Intervention (SBI) in practice-based scenarios
Discuss the application of the SAOR model of screening and brief intervention for problem alcohol and drug use into their practice

Multi-disciplinary training; for those coming into contact with individuals that use alcohol /other drugs. Social workers, teachers, psychologists, family support workers, nurses, employment support staff, probation, youth workers community workers, Gardai among others.

ESSENTIAL FACILITATION SKILLS

6

→ **Course Content:**

Facilitation is the theory and practice combined of working with people. Facilitation enables and empowers people to carry out a task or perform an action. A group facilitator uses certain skills in a process, which allows the individuals/group reach their decision/ set their goal/learn a skill or what ever the task at hand might be. Facilitation is a developmental educational method, which encourages people to share ideas, resources, opinions and to think critically in order to identify needs and find effective ways of satisfying those needs.

→ **Learning Outcomes**

- How to organise, plan, run and facilitate and evaluate group sessions with parameters, boundaries and group agreements.
- Identify power, conflict and lack of participation in a group and how best to manage difficult situations.
- Develop an insight into ethical behaviour as a facilitator and the use of your own power in the facilitator's role.

Multi-disciplinary training; for those involved in facilitating a diverse range of groups. Social workers, teachers, family support workers, nurses, employment support staff, probation, youth workers community workers, Gardai among others.

NEW PSYCHOACTIVE SUBSTANCES

7

→ **Course Content:**

This training will provide an insight into the new and emerging types and trends in drug use as well as build on existing knowledge of psychoactive substances.

→ **Learning Outcomes**

- Overview of new emerging psychoactive substances
- Outline main substances involved in these trends and the reasons for same
- Establish a link between trends in use and social, environmental, physical, mental and individual factors
- Assess the risks involved in these trends
- Explore the implications of these new substances
- Identify new emerging drugs
- Understand the range of variants of NPS Examine online availability
- Understand NPS in respect of current legislation

Multi-disciplinary training; for those that wish to keep up to date with the latest information on new drugs. Social workers, teachers, family support workers, nurses, employment support staff, probation, youth workers community workers, Gardai among others.

STEROIDS IN SPORT

8

→ **Course Content:**

This training will provide information on the effect of performance enhancing drugs and the associated risks.

→ **Learning Outcomes:**

- What you need to know about the risks of anabolic-androgenic steroids (AASs)
- Overview of AASs use in sports in Ireland
- The effects of these drugs on the body
- Psychological addiction to performance enhancing drugs
- Learn how to have that difficult conversation about the use of these drugs with people who use these drugs

Multi-disciplinary training; for those that wish to keep up to date with the latest information on new drugs. Social workers, teachers, family support workers, nurses, employment support staff, probation, youth workers community workers, Gardai among others.

Hidden Harm

Problem parental substance use and its impact on the family

→ **Course Content:**

Problem use of alcohol and other drugs by parents is a complex issue, from drinking in pregnancy to the problem use of alcohol or other drugs whilst rearing children can have a profound effect on a child's health and wellbeing.

→ **Learning Outcomes:**

- Understand what Hidden Harm is
- Recognise the complex situation that some children and young people experience
- Explore the complex impact of problem parental alcohol or other drug use, poor mental health and domestic abuse on children and young people

Multi-disciplinary training; for those that wish to keep up to date with the latest information on new drugs. Social workers, teachers, family support workers, nurses, employment support staff, probation, youth workers community workers, Gardai among others.

QQI Level 5 Community Addiction Studies LETTERKENNY

Starts **WEDNESDAY 11th September**

FOR FURTHER INFORMATION:

Call Christina M: 0879369312

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Closing date
for
Applications

**16th
AUGUST
2019**



etb

Donegal Education and
Training Board

Who would benefit from this module? Parents, Social workers, Gardai, Youth Workers, Community Workers, Family Support Workers, Employment support staff, Probation Workers, among many others.

- Theories of Addiction
- The Family & Addiction
- Hidden Harm
- The Media & Addiction
- Harm Reduction
- Current Interventions Working With Addictions
- Gambling Addiction
- Drug Types & Trends In Drug Use
- New Psychoactive Substances



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QQI Level 5 Community Addiction Studies SLIGO

Starts THURSDAY 12th September

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Applications**

**16th
AUGUST
2019**



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