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Bord Oideachais agus
Oiliúna Dhún na nGall
Donegal Education and
Training Board

2021
QUARTER 2

Alcohol & other Drugs

Education & Training
North West Region

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Northwest Regional
Drug & Alcohol Task Force



Welcome

To the AOD Education & Training Plan Quarter 2 2021. The training has been completely redesigned, redeveloped and adjusted with a teaching and learning approach for online under the current circumstances. Most of the training is free of charge; however there is a fee for a couple of the courses. Over 1300 people have participated in the sessions to date. Quality and well evidenced informed material is utilised to ensure many disciplines are catered for, the sessions are academically informed and are set to equip you with the knowledge and skills you need in this area to enhance your work.

Your Trainer



Christina McEleney is an educational specialist in the field of alcohol & other drugs; teaching in the field for over 13 years, she is lecturer and academic course writer to Master of Science level. Christina is also life, career & organisational coach and a workplace wellbeing professional. Employed by Donegal Education and Training Board her programme of education & training is funded by the North West Regional Drug & Alcohol Task Force. Within the project she works in partnership with the Alcohol Forum, HSE and the National Addiction Training Programme.

Tailored Training is also available

Would you like to have training/information session designed and delivered specifically to your your group?

This can be arranged; get in touch.

Christina M.McEleney



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Alcohol & Other Drugs Education & Training NW region

Find out how to register for training on the back page

2.

QQi Level 5

Community Addiction Studies

SEPTEMBER 2021

2 courses available!

Course Fee : €350

Option 1: Monday evenings 6-9pm Starts 13th September

Option 2: Thursday afternoons 2-5 pm starts 16th September

Both classes finish on 17th December 2021.

This course provides an excellent grounding in alcohol and other drug studies. It's a fundamental knowledge base for working in the field of alcohol and other drugs. The course curriculum covers

- Theories of addiction
- The family & and the impact of problem substance use
- The media and addiction
- Brief psychosocial interventions
- Gambling addiction
- Drug types & effects
- New Psychoactive Substances
- Hidden Harm / Trauma

BLENDDED LEARNING

This theoretical and skills based training has been redeveloped in its delivery method to a blend of online training, self directed learning and in person skills practice. Students will need access to a computer and internet / broadband in order to participate in the online classes.. Students will need to be proficient in the use of Microsoft word in order to complete assignments. A minimum of two years in recovery from addiction is recommended for individuals that have experienced addiction.

MODE OF ATTENDANCE

This course is reconstructed for online delivery. Where Covid-19 levels permit there may be a specific physical class at some point, in the main this will be fully online. Students will receive one to one support.

LINK TO REGISTER

<https://forms.gle/WbC5PC1ZzLArN8jd9>

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3.

Motivational Interviewing (MI)

helping people change -introduction

Blended Learning Series

Fee €100

Motivational Interviewing (MI) is an evidenced-based psychosocial intervention for health behaviour change. It's a method of facilitating and engaging with people to evoke their natural intrinsic motivation. MI is a goal-oriented, client-centred approach for eliciting and strengthening a person's own motivation for health behaviour change. MI is an exceptionally useful approach across a range of disciplines who work with and help clients in their change process. MI is strongly evidenced as an effective method of intervention with clients that experience alcohol & other drug issues.

BLENDING LEARNING

This theoretical and skills based training has been redeveloped in its delivery method to a blend of online training and one 'in-person' skills practice based session at the end. However, should restrictions still be in place the skills demonstration session will occur online. Students will be required to engage in self-directed learning. Where there is not opportunity for "in-person" practice the course will be delivered fully online.

Certificate of attendance.

MODE OF ATTENDANCE

Wednesday 5th May | 1.5 hrs | 2.30-4.00pm |online

Week 1:- Introduction to Motivational Interviewing and the evidenced based theoretical approach.

Wednesday 12th May | 1.5 hrs | 2.30-4.00pm |online

Week 2:- The underpinning spirit of MI, its strengths and the Four processes of MI.

Wednesday 19th May | 1.5 hrs | 2.30-4.00pm |online

Week 3:- The transtheoretical model of change, the core skills & tools of MI.

Wednesday 26th May | 3 hrs | 2.00pm -5.00pm | online

Week 4:- Skills based practice sessions.

LINK TO REGISTER IN ADVANCE:

<https://forms.gle/qcN6sxgxnsjUaQXPA>

After registering, you will receive a confirmation email containing information about joining the meeting.

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4.

Cannabis

Is cannabis a drug? Does cannabis impact on mental health? What's the difference in cannabis and Medicinal Cannabis?

Free of charge

1.5 hrs

Cannabis is a mood altering psychoactive substance, like every mood altering psychoactive substance it does have side effects. Learn more about cannabis and its side effects its impact on mental health and the difference with medicinal cannabis.

Certificate of attendance.

Wednesday 9th June | 1.5 hr | 2.30-4.00 pm | online

LINK TO REGISTER:

<https://my.demio.com/ref/mLDzddtUJpGYWZoo>

Synthetic Cannabis (SCRAs)

Recognising the difference

Free of charge

1 hr

Synthetic cannabis are a group of synthetic man-made chemical cannabinoids which belong to a group of drugs known as New Psychoactive Substances (NPS). The impact of these drugs can be risky, more dangerous and in some cases life threatening.

Certificate of attendance.

Wednesday 28th April | 1 hr | 2.30-3.30 pm | online

LINK TO REGISTER:

<https://my.demio.com/ref/PaP7a5Y9WmYXOLnl>

Cocaine: The Risks

Free of charge
1 hr

Ireland ranks the fourth highest country in the EU for cocaine use among young adults. The use of cocaine has been on the increase in the last couple of years. In light of the increase in the use of cocaine and the increase in cocaine related deaths, this educational session will provide solid knowledge base on cocaine.

Certificate of attendance.

Wednesday 2nd June | 1 hr | 2.30-3.30pm | online

LINK TO REGISTER:

<https://my.demio.com/ref/ZTU04QUyWqwoZNZj>

NPS: New Psychoactive Substances

Free of charge
1 hr

A comprehensive introduction to emerging chemical compounds, with over 800 new psychoactive substances currently monitored in the EU. These classes of drugs is ever expanding their volatility and their infiltration of the drug markets is set to continue in an upward spiral.

Certificate of Attendance

Wednesday 30th June | 1 hr | 2.30-3.30pm | online

LINK TO REGISTER:

<https://my.demio.com/ref/yiokooxdMqtdBoUY>

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6.

Hidden Harm

Free of charge

1.5 hrs x 2 sessions

Problem Parental alcohol & other drug use has the potential to impact negatively on children in the home, it can and does cause serious harm to children at every age from conception to adulthood.

Hidden Harm can be experienced by children who may not be known to services. Research indicates that "1 in every 11 children and young people are living in a situation where alcohol or other drug use is an issue" (HSE 2021). All professionals who come into contact with children and families where substance misuse is an issue have a responsibility to ensure that children in these circumstances are identified as early as possible and are given appropriate intervention, support and protection.

Wednesday 16th June | 1.5 hr | 2.30-4.00pm | online

Wednesday 23rd June | 1.5 hr | 2.30-4.00pm | online

LINK TO REGISTER IN ADVANCE:

<https://forms.gle/bJpBmvRr5Rmof1F59>

After registering, you will receive a confirmation email containing information about joining the meeting.

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7.

TRAINING SPECIFICALLY DESIGNED FOR YOUR ORGANISATION

2021

Get in touch if you would like to organise training specifically for your staff on a Alcohol & other drugs topic.

This can be designed specifically for the needs of your staff and at a time that suits your organisation, day time or evening time.

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8.